

The Highland of Prehistory

Including:

Grotta di Fumane

Neanderthals and Sapiens chose the Lessini mountains - why not pay a visit, too?

Enjoy a journey through time and nature on the Lessini Mountains plateau, Lake Garda and in the UNESCO heritage city of Verona on a slow, off the usual fast-tourist-track, accompanied by local guides.

Explore wonderful and exceptional hidden places that tell the stories of the people who lived here during the Palaeolithic, of the glories of the Roman era, of the medieval castles and the Italian Renaissance life.



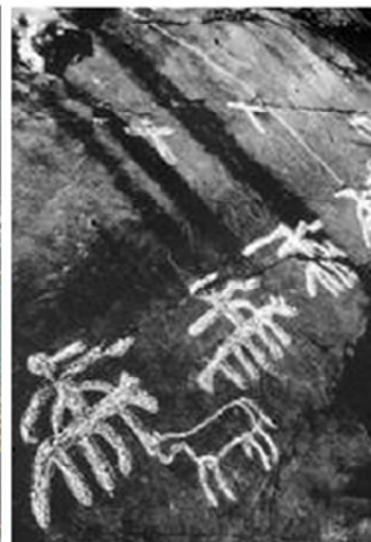
Veja: Ugo Franchini
Opera propria, Wikimedia
Commons

Fumane Cave:
Niccolò Camilloni

Verona

Torri del Benaco,
prehistoric rock carvings

Malcesine: S. Longstone
Opera propria, Wikimedia
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DAY 1 VERONA

Arrival at Verona. Get to know the UNESCO world heritage site. In the evening, add another perspective on a canoe trip through the city down the river Adige (2 hours).

Verona Tourist Information: www.turismoverona.eu

Adige Rafting: www.adigerafting.it

DAY 2 VALPOLICELLA

In the morning, a guided visit to Fumane Cave, inhabited since prehistoric times by Neanderthals and modern humans, with a member of the archaeological team.

In the afternoon a guided visit to the hamlet of San Giorgio di Valpolicella, its medieval church and archaeological area (Bronze & Iron Age), including a short break to enjoy and buy some typical local products such as wine and oil.

In the evening a Palaeo dinner at a local restaurant with a special menu of foods available to people living in Palaeolithic times.

Fumane Cave: www.grottadifumane.eu/en

San Giorgio di Valpolicella: www.sangiorgiodivalpolicella.it (Italian)

Valpolicella Tourist Information: www.valpolicellaweb.com

Provincia di Verona Tourist Information: www.tourism.verona.it/en

DAY 3 LESSINI MOUNTAINS

In the morning, a tour of the Ponte di Veja area - a Palaeolithic site and spectacular natural bridge - and to the Prehistoric and Paleontological Museum of Sant' Anna d'Alfaedo.

In the afternoon an easy 3 hour trek on the Lessini planes (in the summer a stroll to some of the traditional mountain cheese dairies; in the winter over the snowy fields with snowshoes).

ArcheoVeneto: www.archeoveneto.it/portale/?lang=en

DAY 4 LAKE GARDA

In the morning, a visit of Torri del Benaco, a village on the lakeside, and to the medieval castle with the archaeological museum and replicas of the local Bronze Age rock engravings. Guided excursion to the engravings' site.

In the afternoon, a visit of Malcesine, a picturesque lakeside hamlet and medieval castle, which houses the natural history and local history museum.

Lake Garda Tourist Information: www.visitgarda.com/en/garda_lake

Torri del Benaco: www.museodelcastelloditorridelbenaco.it

Malcesine: www.visitmalcesine.com

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